

# June Lunch Club 60 Menu

Serving Time: 11:30 am-12:00pm

Menu items subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>All meals are served with milk, bread and margarine.</b></p> <p><b>Soup served with crackers.</b></p>	<p><b>Funding</b> This program is funded by participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, Monroe County Dept. of HS/Office for the Aging</p>			<p>1 Beef Stew over Biscuit Cauliflower Wax Beans Pears</p>
<p>4 Stuffed Pepper w/Sauce Corn Spinach Marble Rye Bread Peaches</p>	<p>5 Tuna Pasta Salad w/Lettuce &amp; Tomato Orange Juice Spinach Lentil Soup Wheat Bread Apricots</p>	<p>6 Braised Pork Chop w/Gravy Scalloped Potatoes Broccoli Dinner Roll Warm Applesauce Oatmeal Raisin Cookie</p>	<p>7 Chicken Breast w/Lettuce, Tomato &amp; Mayo on Bun Split Pea Soup Tuscany Blend Vegetables Petite Banana</p>	<p>8 Veggie Meatballs Pasta &amp; Sauce Tossed Lettuce Salad w/Italian Dressing Italian Blend Vegetables Italian Bread Fruit Cocktail</p>
<p>11 Pub Burger w/Catsup, Mustard, Relish &amp; Chopped Onion Carrots Cauliflower Pineapple</p>	<p>12 Broccoli &amp; Cheese Quiche Scandinavian Blend Vegetables Corn Wheat Bread Mandarin Oranges</p>	<p>13 Seafood Salad w/Lettuce &amp; Tomato on Thinwich Cabbage Beef Soup Fruit Cocktail</p>	<p>14 Steak Diane w/Mushroom Sauce Tossed Lettuce Salad French Dressing Twice Mashed Potatoes Dinner Roll Carrot Cake</p>	<p>15 Braised Pork Chop w/Gravy Scalloped Potatoes Green Beans Almandine Dinner Roll Coconut Cake</p>
<p>18 Turkey Sandwich Orange Juice Fruit Cup Cookie Milk</p>	<p>19 Breaded Haddock w/Tartar Sauce Coleslaw w/out Pineapple Carrots Wheat Bread Watermelon</p>	<p>20 Broccoli &amp; Cheese Topped Baked Potato Black Bean Lentil Chili Tossed Lettuce Salad w/Italian Dressing 12 Grain Bread Apricots</p>	<p>21 Chicken ¼ w/BBQ Sauce Summer Potato Salad Corn Dinner Roll Cantaloupe</p>	<p>22 Individual Meatloaf w/Vegetable Gravy Mashed Potatoes California Blend Vegetables Marble Rye Bread Peaches</p>
<p>25 Goulash w/Ground Beef Green Beans Cauliflower Pumpnickel Bread Applesauce</p>	<p>26 Roast Beef Sandwich w/Lettuce, Tomato, Horseradish &amp; Mayo on Thinwich Tomato Florentine Soup Pea &amp; Cheese Salad Petite Banana</p>	<p>27 <b>Meal Time Music Today</b> Sweet &amp; Sour Pork over Brown Rice Oriental Blend Vegetables Spinach Dinner Roll Watermelon</p>	<p>28 Chili Topped Baked Potato w/Shredded Cheese &amp; Sour Cream Tossed Lettuce Salad w/Ranch Dressing Wheat Bread Pears</p>	<p>29 Grilled Chicken Breast Sandwich w/Lettuce &amp; Mayo on Thinwich Navy Bean Soup Marinated Tomato &amp; Cucumber Salad Pineapple *Cupcakes*</p>

# **Lunch Reservation Procedure**

## **(Please call 723-2425)**

- Meals are served daily from 11:30am-12:00pm
- Lunch is a suggested contribution of \$3.00 for any person 60 and older. For anyone under the age of 60, the meal cost is \$6.00 which will be collected at the front desk
- If you have not arrived by 11:45am for your lunch reservation, your meal may be given to any individual on our waiting list
- For a guaranteed meal, reservations need to be made 2 weeks in advance; upon availability reservations can be made up until the day of meal service
- All meal cancellations must be made by 10:00am the day before the meal is served

### **Medical Motors Transportation**

Daily transportation to the center for seniors 60 and older is provided through Medical Motors for Greece residents for the Nutrition Program and activities. There is a suggested contribution of \$2.00

- Pick-ups are between 7:00-9:00am, Mon-Fri
    - Returns are 12:30 & 2:30, Mon-Fri
- Pick up and return times are subject to change

Please call 723-2425 at least 24 hours in advance to sign up for transportation

**Please call Medical Motors at 654-7030 before 8:00am if you need to cancel on the day you are scheduled to be picked up.**

**3 Vince Tofany Blvd. Greece, NY 14612**

**(585) 723-2425**

**[www.greeceny.gov](http://www.greeceny.gov)**



## Monroe County Senior Nutrition Program

### Who is eligible to eat a meal?

- Any person age 60 or older, regardless of residency, is eligible to eat a meal. This includes staff members and volunteers at the meal site who are age 60 or older.
- A spouse of any age of an eligible participant as defined above.
- Disabled persons under the age of 60 who reside at the home of an eligible participant and accompany that person to the meal site.
- Disabled persons under age 60 who reside in housing facilities where congregate meals are served.
- Volunteers of any age who assist in the meal service during meal time.

### Who may 'contribute'?

- Includes all persons as described in the list above.
- No eligible person can be denied a meal because of inability or unwillingness to contribute.
- The suggested meal contribution is **\$3.00** per meal.
- All contributions are confidential and voluntary.

### Who must 'pay'?

#### Staff

- Staff under 60 years of age **must** pay \$6.00 per person.

#### Guests

- Guests under age 60 **must** pay \$6.00 per person.
- Guests include children, other relatives of participants (other than those noted as being eligible as noted above), employees of agencies, towns, counties, politicians, speakers, social workers, etc.

No person shall be denied benefits or subjected to discrimination under any program or activity receiving Federal Assistance on grounds of race, color, sex, religion, national origin, disability or marital status. This program is funded by participants' contributions, U.S. Administration on Aging, NY State Office for the Aging, NY State Dept of Health, and the Monroe County Dept of HS/Office for the Aging



# Greece on the Go

Keeping **You** Moving in Greece and Beyond



## June 2018

### Groceries & Shopping

**Friday, June 1: Herrema's**

9:00am-11:00am

Medical Motors Transportation

**Thursday, June 7: Public Market-Downtown Location**

9:00-11:00am

Medical Motors Transportation

**Friday, June 15: Aldi's-Price Rite**

9:00-11:00am

Medical Motors Transportation

**Friday, June 22: Walmart-Greece Location**

9:00-11:00am

Medical Motors Transportation

**Friday, June 29: Wegmans-Latta Rd**

9:00-11:00am

Medical Motors Transportation



All trips depart and return from the  
Community & Senior Center  
3 Vince Tofany Blvd  
Greece, NY 14612

For Trips Noted "Medical Motors Transportation"  
Through the Greece Community & Senior  
Center, for Greece Seniors, Medical Motors  
offers monthly trips to area grocery stores.

Transportation is free and **requires a minimum of  
3 riders.**

You may sign up at the front desk ahead of  
time or by calling 723-2425.