

May Lunch Club 60 Menu

Serving Time: 11:30 am-12:00pm

Menu items subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Funding This program is funded by participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, Monroe County Dept. of HS/Office for the Aging</p>	<p>All meals are served with milk, bread and margarine.</p> <p>Soup served with crackers.</p>	<p>¹ Nutrition Ed w/Cindy "Hypertension" Veggie Meatballs Pasta & sauce Tossed Lettuce Salad w/Italian Dressing Wax Beans Italian Bread Petite Banana</p>	<p>² Hot Roast Beef Sandwich w/Gravy Tomato Florentine Soup Cauliflower Marble Rye Bread Pears</p>	<p>³ BBQ Pulled Pork Served over Baked Potato Brussels Sprouts Wheat Bread Applesauce</p>
<p>⁶ Sloppy Joes on Bun Broccoli Corn Peaches</p>	<p>⁷ Macaroni & Cheese Stewed Tomatoes Green Beans 12 Grain Bread Fresh Orange</p>	<p>⁸ Braised Pork Chop w/ Dressing Smashed Potatoes & Gravy Sicilian Blend Vegetables Dinner Roll Orange Cake</p>	<p>⁹ Roasted Chicken Breast w/Dressing Mashed Potatoes & Gravy Malibu Blend Vegetables Wheat Dinner Roll Chocolate Cake</p>	<p>¹⁰ Tuna Salad Sandwich on Wheat Thinwich w/Lettuce & Tomato Chicken Gumbo Fruit Cocktail</p>
<p>¹³ Italian Sausage Pasta & Sauce Grape Juice Wax Beans Mixed Vegetables Italian Bread Applesauce</p>	<p>¹⁴ Beef Stew over Biscuit Tossed Salad w/Ranch Dressing Corn Petite Banana</p>	<p>¹⁵ Chicken Salad Sandwich on Wheat Thinwich Split Pea Soup Tossed Salad w/French Dressing Fruit Cocktail</p>	<p>¹⁶ Breaded Haddock w/Tartar Sauce Coleslaw Mashed Potatoes Wheat Bread Pineapple</p>	<p>¹⁷ Broccoli Cheese Quiche Orange juice Vegetable Soup Peas 12 Grain Bread Apricots</p>
<p>²⁰ Chicken Cordon Bleu Mashed Potatoes w/ Gravy Beets Wheat Bread Mandarin Oranges</p>	<p>²¹ Pork w/Vegetables Over Brown Rice Broccoli Dinner Roll Applesauce</p>	<p>²² Stuffed Cabbage w/Sauce Steamed Potatoes Peas Marble Rye Bread Peaches</p>	<p>²³ Color Splash Party Purchase Tickets Through 5/16 *No Regular Lunch Served*</p>	<p>²⁴ Pub Burger w/Lettuce, Tomato, Onion, Catsup, Mustard & Relish on Bun Minestrone Soup Corn Pears</p>
<p>²⁷ CLOSED *No Meals Served*</p>	<p>²⁸ Chicken Stuffed w/Broccoli & Cheese Mashed Potatoes w/Gravy Carrots & Peas Wheat Bread Pineapple</p>	<p>²⁹ Seafood Salad w/Lettuce & Tomato on Thinwich Cabbage Beef Soup Fruit Cocktail</p>	<p>³⁰ Braised Pork Chop w/Gravy Scalloped Potatoes Brussels Sprouts Rye Bread Oatmeal raisin Cookie</p>	<p>³¹ Meal Time Music Featuring Bob Jordan BBQ Chicken ¼ Navy Bean Soup Steamed Potatoes Corn Muffin Peaches * Cupcakes*</p>

Lunch Reservation Procedure

(Please call 723-2425)

- Meals are served daily from 11:30am-12:00pm
- Lunch is a suggested contribution of \$3.50 for any person 60 and older. For anyone under the age of 60, the meal cost is \$7.50 which will be collected at the front desk
- If you have not arrived by 11:45am for your lunch reservation, your meal may be given to any individual on our waiting list
- For a guaranteed meal, reservations need to be made 2 weeks in advance; upon availability reservations can be made up until the day of meal service
- All meal cancellations must be made by 10:00am the day before the meal is served

Medical Motors Transportation

Daily transportation to the center for seniors 60 and older is provided through Medical Motors for Greece residents for the Nutrition Program and activities. There is a suggested contribution of \$2.00/one-way trip

- Pick-ups are between 7:00-9:00am, Mon-Fri
 - Returns are 12:30 & 2:30, Mon-Fri
- Pick up and return times are subject to change

Please call 723-2425 at least 24 hours in advance to sign up for transportation

Please call Medical Motors at 654-7030 before 8:00am if you need to cancel on the day you are scheduled to be picked up.

3 Vince Tofany Blvd. Greece, NY 14612

(585) 723-2425

www.greeceny.gov



Monroe County Senior Nutrition Program

Who is eligible to eat a meal?

- Any person age 60 or older, regardless of residency, is eligible to eat a meal. This includes staff members and volunteers at the meal site who are age 60 or older.
- A spouse of any age of an eligible participant as defined above.
- Disabled persons under the age of 60 who reside at the home of an eligible participant and accompany that person to the meal site.
- Disabled persons under the age of 60 who reside in housing facilities where congregate meals are served.
- Volunteers of any age who assist in the meal service during meal time.

Who may “contribute”?

- Includes all persons as described in the list above.
- No eligible person can be denied a meal because of inability or unwillingness to contribute.
- The suggested meal contribution is **\$3.50** per meal.
- All contributions are confidential and voluntary.

Who must “pay”?

Staff

- Staff under 60 years of age **must** pay \$7.50 per person.

Guests

- Guests under age 60 **must** pay \$7.50 per person.
- Guests include children, other relatives of participants (other than those noted as being eligible as noted above), employees of agencies, towns, counties, politicians, speakers, social workers, etc.

No eligible person shall be denied benefits or subjected to discrimination under any program or activity receiving any Federal, State, or County funding. This includes but is not limited to: race, color, sex, religion, national origin, disability, sexual orientation, marital status, veteran and/or military status, immigration status, creed, domestic violence victim status, criminal history, gender identity, genetic predisposition or carrier status. This program is funded by participants’ contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. Of HS/Office for the Aging.

Updated January 2019



Greece on the Go

Keeping **You** Moving in Greece and Beyond



May 2019

Groceries & Shopping

Friday, May 3: Wegmans Mt. Read

9:00am-11:00am personal day
Medical Motors Transportation

Friday, May 10: Price Rite

9:00-11:00am
Medical Motors Transportation

Friday, May 17: Trader Joes

9:00-11:00am
Medical Motors Transportation

Friday, May 31: Wal-Mart

9:00-11:00am
Medical Motors Transportation

All trips depart and return from the
Community & Senior Center
3 Vince Tofany Blvd
Greece, NY 14612



For Trips Noted "Medical Motors Transportation"
Through the Greece Community & Senior
Center, for Greece Seniors, Medical Motors
offers monthly trips to area grocery stores.

Transportation is free and **requires a minimum of 3 riders.**

You may sign up at the front desk ahead of
time or by calling 723-2425.