

September Lunch Club 60 Menu

Serving Time: 11:30 am-12:00pm

Menu items subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
<p>All meals are served with milk, bread and margarine.</p> <p>Soup served with crackers.</p>	<p>Funding This program is funded by participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, Monroe County Dept. of HS/Office for the Aging</p>			<p>1 Macaroni & Cheese Stewed Tomatoes Green Beans Wheat Bread Mandarin Oranges</p>
<p>4 CSC Closed</p>	<p>5 Broccoli Cheese Quiche Tomato Rice Soup Malibu Blend Vegetables 12 Grain Bread Pineapple</p>	<p>6 Individual Meat Loaf w/Vegetable Gravy Scalloped Potatoes Broccoli Pumpnickel Bread Fruit Cocktail</p>	<p>7 Tacos w/Ground Beef, Cheese, Shredded Lettuce, Tomato Wedges, Salsa & Sour Cream Southwestern Chicken Soup Petite Banana</p>	<p>8 Tuscan Chicken and Beans over Brown Rice Tossed Lettuce Salad w/French Dressing Crusty Roll Fresh Orange</p>
<p>11 Salisbury Steak w/ Mushroom Sauce Red Jacketed Potatoes Beets Wheat Bread Mandarin Oranges</p>	<p>12 Meatballs Pasta & Sauce Tossed Lettuce Salad Italian Dressing Tuscany Blend Vegetables Breadstick Cantaloupe</p>	<p>13 Turkey Burger on a Bun w/Lettuce, Tomato & Mayo Split Pea Soup Carrots Honeydew</p>	<p>14 BBQ Pulled Pork on a Bun Coleslaw w/Pineapple Corn Peaches</p>	<p>15 Breakfast & Bingo Knockwurst on Bun w/Mustard Apple Juice Potato Salad Three Bean Salad Snickerdoodle Cookie</p>
<p>18 Chicken Stuffed w/Broccoli & Cheese Mashed Potatoes w/Gravy Spanish Style Lima Beans Rye Bread Applesauce</p>	<p>19 Seafood Salad on Wheat Thinwich Vegetable Soup Romaine Spinach Salad w/French Dressing Apricots</p>	<p>20 Sweet & Sour Pork over Brown Rice Oriental Blend Vegetables Wax Beans 12 Grain Bread Petite Banana</p>	<p>21 No Lunch Served</p>	<p>22 Chili Topped Baked Potato w/Cheese & Sour Cream Tossed Lettuce Salad w/Italian Dressing Wheat Bread Peaches</p>
<p>25 Italian Sausage w/Onions & Peppers on Bun Beef Barley Vegetable Soup Peas Pineapple</p>	<p>26 Beef Stew over Warm Biscuit Tossed Lettuce Salad w/Ranch Dressing California Blend Vegetables Petite Banana</p>	<p>27 Boxed Lunch Turkey Sandwich Orange Juice Fruit Cookie Milk</p>	<p>28 Meal Time Music BBQ Chicken ¼ Navy Bean Soup Malibu Blend Vegetables 12 Grain Bread Fruited Gelatin w/Whipped Topping</p>	<p>29 Stuffed Cabbage w/Sauce Mashed Potatoes Carrots Marble Rye Bread Pears *Cupcakes</p>

Lunch Reservation Procedure

(Please call 723-2425)

- Meals are served daily from 11:30am-12:00pm
- Lunch is a suggested contribution of \$3.00 for any person 60 and older. For anyone under the age of 60, the meal cost is \$6.00 which will be collected at the front desk
- If you have not arrived by 11:45am for your lunch reservation, your meal may be given to any individual on our waiting list
- For a guaranteed meal, reservations need to be made 2 weeks in advance; upon availability reservations can be made up until the day of meal service
- All meal cancellations must be made by 10:00am the day before the meal is served

Medical Motors Transportation

Daily transportation to the center for seniors 60 and older is provided through Medical Motors for Greece residents for the Nutrition Program and activities. There is a suggested contribution of \$2.00

- Pick-ups are between 7:00-9:00am, Mon-Fri
 - Returns are 12:30 & 2:30, Mon-Fri
- Pick up and return times are subject to change

Please call 723-2425 at least 24 hours in advance to sign up for transportation

Please call Medical Motors at 654-7030 before 8:00am if you need to cancel on the day you are scheduled to be picked up.

3 Vince Tofany Blvd. Greece, NY 14612
(585) 723-2425
www.greecenyny.gov



Monroe County Senior Nutrition Program

Who is eligible to eat a meal?

- Any person age 60 or older, regardless of residency, is eligible to eat a meal. This includes staff members and volunteers at the meal site who are age 60 or older.
- A spouse of any age of an eligible participant as defined above.
- Disabled persons under the age of 60 who reside at the home of an eligible participant and accompany that person to the meal site.
- Disabled persons under age 60 who reside in housing facilities where congregate meals are served.
- Volunteers of any age who assist in the meal service during meal time.

Who may 'contribute'?

- Includes all persons as described in the list above.
- No eligible person can be denied a meal because of inability or unwillingness to contribute.
- The suggested meal contribution is **\$3.00** per meal.
- All contributions are confidential and voluntary.

Who must 'pay'?

Staff

- Staff under 60 years of age **must** pay \$6.00 per person.

Guests

- Guests under age 60 **must** pay \$6.00 per person.
- Guests include children, other relatives of participants (other than those noted as being eligible as noted above), employees of agencies, towns, counties, politicians, speakers, social workers, etc.

No person shall be denied benefits or subjected to discrimination under any program or activity receiving Federal Assistance on grounds of race, color, sex, religion, national origin, disability or marital status. This program is funded by participants' contributions, U.S. Administration on Aging, NY State Office for the Aging, NY State Dept of Health, and the Monroe County Dept of HS/Office for the Aging



Greece on the Go

Keeping **You** Moving in Greece and Beyond



September 2017

Senior Lunch Trips

Tuesday, September 5:
Konstantino's Restaurant (Ontario)
10:30am-2:30pm
\$2.00 to ride bus

Wednesday, September 6:
Waterloo Outlet Mall
9:00am-4:00pm
\$3.00 to ride bus

Wednesday, September 13: China Buffet—Greece
11:00am-1:30pm
\$2.00 to ride bus

Wednesday, September 20: T's Family Restaurant
11:00am-1:30pm
\$2.00 to ride bus

Tuesday, September 26: Yianni's Restaurant (Pixley Rd)
11:00am-1:45pm
\$2.00 to ride bus

All trips depart and return from the
Community & Senior Center
3 Vince Tofany Blvd
Greece, NY 14612

Groceries & Shopping

Friday, September 1: Wegmans- Latta Rd Location
9:00am-11:00am
Medical Motors Transportation

Friday, September 8: Wal-Mart in Greece
9:00-11:00am
Medical Motors Transportation

Friday, September 22: Herrema's
9:00-11:00am
Medical Motors Transportation

Friday, September 29: Price Rite
9:00am-11:00am
Medical Motors Transportation



For Trips Noted "Medical Motors Transportation"
Through the Greece Community & Senior
Center, for Greece Seniors, Medical Motors
offers monthly trips to area grocery stores.

Transportation is free and **requires a minimum of 3 riders.**

You may sign up at the front desk ahead of
time or by calling 723-2425.