

LUNCH CLUB 60

Served M-F from 11:30 AM-12:00 PM
RESERVATION REQUIRED ○ CALL 723-2425

MAY
2023
MENU

All meals served with milk

WEEK OF MAY 1

Mon: 5/1 Pulled Chicken

Tue: 5/2 Meatballs w/Pasta & Sauce

Wed: 5/3 Seafood Salad Sandwich

Thu: 5/4 NO MEAL SERVED *

Fri: 5/5 Sloppy Joes on Bun

WEEK OF MAY 8

Mon: 5/8 Fish Filet Sandwich w/Tartar Sauce

Tue: 5/9 Pork Riblet

Wed: 5/10 Steak Diane w/Mushroom Gravy

Thu: 5/11 Broccoli Quiche

Fri: 5/12 Macaroni & Cheese

WEEK OF MAY 15

Mon: 5/15 Swedish Meatballs *served over* Rice

Tue: 5/16 Chicken Salad on Croissant

Wed: 5/17 Pulled Pork

Thu: 5/18 Mexican Chicken

Fri: 5/19 Tuna Pasta Salad

WEEK OF MAY 22

Mon: 5/22 Breaded Chicken Patty Sandwich

Tue: 5/23 Swiss Steak

Wed: 5/24 Tuna Salad Sandwich

Thu: 5/25 Pub Burger on Bun

Fri: 5/26 Dijon Chicken

WEEK OF MAY 29

Mon: 5/29 CSC CLOSED, NO MEAL SERVED

Tue: 5/30 Omelet

Wed: 5/31 Mild Chili *served over* Baked Potato

Thu: 6/1 Turkey Tetrazzini *served over* Pasta

Fri: 6/2 Ground Beef Tacos

Meal Time Music

Friday, May 12

Featuring Al Battaglia

Certified by Jackie Williams, RD-3/17/2023

* Indicates meal is not provided by Office for the Aging Program

LUNCH CLUB 60

Mondays-Fridays: 11:30am-12pm

Meals are served Monday-Friday at the Community Center with your health and nutritional needs serving as top priority.

Lunch is a suggested contribution of \$3.50 for any persons 60 and older or the spouse of someone 60+. For anyone under the age of 60, the meal cost is \$7.50 which will be collected at the front desk.

If you have not arrived by 11:45 am for your lunch reservation, your meal may be given to any individual on our waiting list.

All meal reservations and cancellations must be made by 10am the day before the meal is served.

Participants can call the day of to see if there are spots left for lunch.



MONROE COUNTY SENIOR NUTRITION PROGRAM

Who is eligible to eat a meal?

- Any person age 60 or older, regardless of residency, is eligible to eat a meal. This includes staff members and volunteers at the meal site who are age 60 or older.
- A spouse of any age of an eligible participant as defined above.
- Disabled persons under the age of 60 who reside at the home of an eligible participant and accompany that person to the meal site.
- Disabled persons under the age of 60 who reside in housing facilities where congregate meals are served.
- Volunteers of any age who assist in the meal service during meal time.

Who may contribute

- Includes all persons as described in the list above.
- No eligible person can be denied a meal because of inability or unwillingness to contribute.
- The suggested meal contribution is \$3.50 per meal.
- All contributions are confidential and voluntary.

Who must "pay"?

Staff: Staff under 60 years of age must pay \$7.50 per person.

Guests: Guests under age 60 must pay \$7.50 per person.

-Guests include children, other relatives of participants (other than those noted as being eligible as noted above), employees of agencies, towns, counties, politicians, speakers, social workers, etc.

No eligible person shall be denied benefits or subjected to discrimination under any program or activity receiving any Federal, State, or County funding. This includes but is not limited to: race, color, sex, religion, national origin, disability, sexual orientation, marital status, veteran and/or military status, immigration status, creed, domestic violence victim status, criminal history, gender identity, genetic predisposition or carrier status. This program is funded by participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. Of HS/Office.