

LUNCH CLUB 60

Served M-F from 11:30 AM-12:00 PM
RESERVATION REQUIRED CALL 723-2425

FEBRUARY
2024
MENU 

All meals served with milk

WEEK OF FEBRUARY 5

Mon: 2/5 Swiss Steak
Tue: 2/6 Pork Riblet **2/6: Meal Time Music w/Tom Cometa**
Wed: 2/7 Pub Burger on a Bun
Thu: 2/8 Sweet & Sour Pork
Fri: 2/9 Chicken Parmesan

WEEK OF FEBRUARY 12

Mon: 2/12 Swedish Meatballs served over Rice
Tue: 2/13 Chicken Salad Sandwich
Wed: 2/14 No Lunch Served. Valentine's Day Party*
Thu: 2/15 Grilled Chicken Breast
Fri: 2/16 Fish Filet on a Bun

WEEK OF FEBRUARY 19

Mon: 2/19 Center Closed. No Lunch Served.
Tue: 2/20 Stuffed Shells w/Sauce
Wed: 2/21 Meatloaf w/Gravy
Thu: 2/22 Chicken Fajita Salad
Fri: 2/23 Veggie Chili served over Baked Potato

WEEK OF FEBRUARY 26

Mon: 2/26 Chicken Piccata
Tue: 2/27 Chicken ala King served over Biscuit
Wed: 2/28 Ground Beef Tacos
Thu: 2/29 Salisbury Steak w/Gravy
Fri: 3/1 Seafood Salad on a Croissant

* Indicates meal is not provided by
Office for the Aging Program

LUNCH CLUB 60

Certified by Jackie Williams, RD 12/27/23

Mondays-Fridays: 11:30am-12pm

Meals are served Monday-Friday at the Community Center with your health and nutritional needs serving as top priority.

Lunch is a suggested contribution of \$3.50 for any persons 60 and older or the spouse of someone 60+. For anyone under the age of 60, the meal cost is \$7.50 which will be collected at the front desk.

If you have not arrived by 11:45 am for your lunch reservation, your meal may be given to any individual on our waiting list.

All meal cancellations must be made by 10am the day before the meal is served.

Participants can call the day of to see if there are spots left for lunch.



MONROE COUNTY SENIOR NUTRITION PROGRAM

Who is eligible to eat a meal?

- Any person age 60 or older, regardless of residency, is eligible to eat a meal. This includes staff members and volunteers at the meal site who are age 60 or older.
- A spouse of any age of an eligible participant as defined above.
- Disabled persons under the age of 60 who reside at the home of an eligible participant and accompany that person to the meal site.
- Disabled persons under the age of 60 who reside in housing facilities where congregate meals are served.
- Volunteers of any age who assist in the meal service during meal time.

Who may contribute

- Includes all persons as described in the list above.
- No eligible person can be denied a meal because of inability or unwillingness to contribute.
- The suggested meal contribution is \$3.50 per meal.
- All contributions are confidential and voluntary.

Who must "pay"?

Staff: Staff under 60 years of age must pay \$7.50 per person.

Guests: Guests under age 60 must pay \$7.50 per person.

-Guests include children, other relatives of participants (other than those noted as being eligible as noted above), employees of agencies, towns, counties, politicians, speakers, social workers, etc.

No eligible person shall be denied benefits or subjected to discrimination under any program or activity receiving any Federal, State, or County funding. This includes but is not limited to: race, color, sex, religion, national origin, disability, sexual orientation, marital status, veteran and/or military status, immigration status, creed, domestic violence victim status, criminal history, gender identity, genetic predisposition or carrier status. This program is funded by participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. Of HS/Office.